



Some useful web addresses to support with common questions and problems

Parents/ carer information

<http://www.parentchannel.tv/>

<http://www.gotateenager.org.uk/default.aspx>

http://www.nspcc.org.uk/help-and-advice/for-parents-and-carers/for-parents-and-carers_wdh72917.html

Internet safety

<http://clickcleverclicksafe.direct.gov.uk/index.html>

Safety from peer pressure

http://kidshealth.org/kid/feeling/friend/peer_pressure.html

Other issues where parents can need support include concerns about misuse of drugs and alcohol, their children's relationships with other young people and healthy eating.

You also might like to visit some of these websites where help and advice is offered.

Safety from drug use

<http://www.talktofrank.com>

<http://kidshealth.org>

<http://www.nhs.uk/Conditions/Drug-misuse/Pages/Drugshame.aspx>

Safety in health matters

<http://www.nhsdirect.nhs.uk/>

<http://www.teenagehealthfreak.org/>

Relationships

<http://www.nhs.uk/Livewell/Sexualhealthtopics/Pages/Sexual-health-hub.aspx>

<http://www.brook.org.uk/more/useful-links>

<http://www.likeitis.org.uk/indexuk.html>

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